

Welcome to our church family! Our church web site is www.ssjohnpaul.org. Our fax number is 967-7197. You can reach the parish secretary, Laurie Delvaux, at the church office, 967-3796. The parish offices are located at the east end of the church.

We want to welcome you to our parish and give you a little information on some of the groups & activities we have available here at Ss. John & Paul.

Musicians: if you would like to be part of our music ministry, contact Patty Hormann at 967-3922.

Liturgical Roles: If you are interested in being a lector, commentator, Eucharistic minister or altar server at Mass, contact the following: **Lectors/Commentators:** Alyce Conley, 967-5605; **Ushers/Greeters:** Carlene Hohl 967-5540; **Servers:** Diane Zadow, 967-3003; **Eucharistic Ministers:** Rose Vonnahme, 957-8170 or Teresa Brandt, 967-7425.

Holy Hour: Join us in adoration of the Holy Eucharist every Monday night at Ss. John & Paul from 7-8 pm. *"Could you not watch with me one hour?" Matthew 26:40/Mark 14:37.* Call Maggie Murphy at 967-2624, for more information.

The Worship & Spirituality Committee: meets the first Thursday of each month at 7:00 pm in the conference room. The committee is responsible for the Liturgical decorations and take home reminders for Holy Days and Liturgical seasons throughout the year, as well as seasonal décor. For detailed information contact Carlene Hohl at 967-5540.

Parish Relations & Social Concerns: promotes community building through various activities. Anyone with enthusiasm is welcome to join the committee! Our activities include: the Valentine dance, blood drives, parish picnic, Fall Fest and parish outreach.* One major benefit of volunteering with our projects is the chance to get to know your fellow parishioners in a small group setting and many of our projects involve the entire family. For more information call Steve Moyna, 967-3294.

*Parish Outreach helps out new mothers, parishioners recently discharged from the hospital and others in need by bringing casseroles and baked goods to them. If you would like to help with this, or know someone who needs this outreach, call Jeanne Shupe at 783-7090.

St. Vincent de Paul: a Catholic lay organization, offers service to those who are needy and suffering. Locally, we bring all food and cash donations from our parish to the local Food Pantry and organize several food drives throughout the year. We organize *Shoes for School* and *School Supplies* in conjunction with Central Place, helping families in the SE Polk area, as well as two gift giving programs for Christmas, *Season of Sharing* and *Angel Tree*. To become involved, call Doug Shipley, 264-0398.

On A Journey Together: Ss. John and Paul is participating in the diocesan evangelical initiative, *On A Journey Together*. Small groups meet for several weeks in the fall and during Lent. All are invited to participate in friendly conversation about faith. For more information or to join a small group, call Laurie Delvaux at 967-3796.

RCIA: Rite of Christian Initiation of Adults, meets on Tuesday evenings, September through Easter. If you know of someone who is interested in joining the Catholic Church, or would like to help with RCIA, please call Sr. Virginia at the parish office at 967-3796.

Prayer Chain: If you have a prayer request you would like added to our parish prayer chain, call Laurie Delvaux, 967-3796 or email the church, ssjohnpaul@ssjohnpaul.org. If you would like to be part of the prayer chain, either by e-mail or phone, call Laurie.

Welcoming Committee: after you are settled if you would like to help welcome other new members to our church, through a variety of ways, contact Laurie Delvaux at 967-3796.

Funeral committee: If you are interested in helping with funeral dinners, please call Sally Duer, 266-0582.

Faith Formation:

Faith Formation is received through *Journey in Faith (JIF)*, an intergenerational program which meets once a month: Sunday from 12:15 pm to 2:45 pm or 5 to 7:30 pm, or Wednesday from 5:30 to 8 pm. Contact our Director of Faith Formation, Shirley Koepfel at 967-8047 for more information.

Journey in Faith is supplemented by *Junior High Youth Ministry (JYM)*, where junior high students gather once a month, in addition to JIF, to expand upon that month's JIF emphasis. There are also special events scheduled throughout the year specifically for junior high students. In addition, *FamilyMinistry*, for grade-school age children and their families meets once a month, along with special events on an as scheduled basis. Contact Janet Elwer, 967-8047, for information or to volunteer.

Preschool Sunday School meets during Sunday morning masses, for ages 3, 4 and kindergarten children. For more information call Shirley Koepfel at 967-8047.

Children's Liturgy of the Word: Sundays at the 9 and 11 am Masses for children in grades 1 – 4: Contact Shirley Koepfel at 967-8047.

Teen Group: our High School youth meet the 1st and 3rd Wednesdays of the month from 6:30 – 8:30 pm in the Faith Development Center. For more information call our High School Youth Minister, Joan Ammons at 967-7911.

Stay-at-Home Moms: A group of mothers with young children meets every Thursday morning for a play date and bible study. Call Jeanne Shupe, 783-7090 for information.

Life After 50: A social group for those 50 and older interested in doing a variety of activities with other parishioners. Contact Dorothy and Terry Powers, 265-2914.

Knights of Columbus: A men's fraternal organization with emphasis on service, social and family. They meet the first Thursday of the month in the Parish Hall at 6 pm. Grand Knight: Tom Brandt, 967-7425.

Bible Study Groups:

Men's Bible Study: Every Saturday, 7:30 am in the FDC. Contact Rick Rusch, 957-8319.

Women's Bible Study: 2nd Saturday of the month, 7:30 am at the home of Shelly Rusch, 957-8319 for more information. Call Laurie in the office, 967-3796 for other Bible Study opportunities.

Theology on Tap: Adults in their 20's and 30's meet at a local establishment for a series of talks and discussions on a variety of subjects related to the Catholic faith and how it applies to everyday life. To be added to the email list or for questions, contact David Dixon, 515-249-3381 or dix42@hotmail.com.

CEW: Christian Experience Weekends are retreats for adults, which help them to deepen their faith in Christ and commit them to actively live in the world as a disciple of Jesus. For more information about CEW call Cicily Dennis at 957-9390.

Metro area groups:

CWW: Catholic Widows & Widowers is a group from Des Moines and surrounding areas who have lost a spouse and gather together in faith and social friendship. A general meeting is held at St. Augustin's Church the 4th Tuesday of each month at 7 pm. Weekly activities are planned & announced in a bi-monthly newsletter to members. Activities include: First Friday Mass & brunch, dining out, tours, movies, plays, miniature golf, in-home holiday parties and more. For more information contact Ginny Thomas at 967-9330.

CAST: Catholic Adult Singles Together is an organization sponsored by the Diocese of Des Moines for single persons ages 18 and older in Des Moines and surrounding areas. Single is defined as a person who is never married, divorced or widowed. The majority of the members are of the Catholic faith, but people of any faith may join. For more information contact Sister Maggie O'Toole at 225-6414.