



*Our Lady of Good Counsel,
Pray for Us*

THE SHARELINE

A Newsletter for
the Women of Blessed Sacrament Parish
Council of Catholic Women (“CCW”)

SEPTEMBER 2009

Editor - Maureen Newman, 801-572-1074

Email: maureen.newman@uaohn.org

Contributors - All CCW Members

Our Next Meeting

Wednesday, Sept. 16, 2009 * Meet at Parish Center

Social at 6:30 p.m. * Meeting at 7:00 p.m.

Message from Maureen Newman, President:

As we enter September, I can't help but think of that tragic day, 9/11/2001. It is a day we will never forget, nor should we. We, as Americans, have been so fortunate. Just watching the news or reading the paper, it is very clear that there are countries full of people who live with the horror of terrorism on a daily basis. It is a way of life for them. I can't imagine living with that constant fear. Yes, there are many things in this country we can all complain about, but there are so many more blessings we should be thankful for. America is still the best country in the world, even with its flaws. When I listen to the squabbling going on now in politics, I wonder what happened to the sense of togetherness and pride we all shared eight years ago. Do we need a tragedy like that to pull us together as a people united? I hope not. I thank God every day for the freedoms we have. Our country has its problems, but we are still the **United** States of America and we should all remember what that means.

On a lighter note...Did you attend the Fall Festival? If so, I hope you had a great time. Especially in times like these when finances may be tight or your family may be suffering other hardships of our economic times, it is really important to connect with your neighbors and friends. Laughter and relaxation is essential to a well balanced, healthy life. What better way to have fun and relax than at the Fall Festival! Thanks to our own Becky Hicks and her great husband, Steve for all their hard work co-chairing the Festival with Shelly and John Valdez. It was a wonderful parish/community event and a great way to end the summer.

2009 Dates to Remember

<u>June 12-13</u>	Garage Sale
<u>June 17</u>	Meeting - Ethnic Foods
<u>July TBD</u>	Social Event
<u>Aug. 19</u>	Meeting - Tying Quilts
<u>Sept. 16</u>	Meeting - Wine Tasting
<u>Oct. 21</u>	Meeting-Miche Party
<u>Nov. 18</u>	Meeting-Boutique Prep
<u>Nov. 21</u>	Boutique
<u>Dec. 16</u>	Meeting-Christmas Party

2009 CCW Officers

President, Maureen Newman
801-572-1074 (H)
maureen.newman@uaohn.org
Vice President, Cheryl Illario
Secretary, Dianne Dedrickson
Treasurer, Kristina Caussé

Hospitality

Food: Jan Cundey, Dale Price,
Martha Felton

Hostess Gift: Cheryl Illario

Opening & Closing Prayer:
Dianne Dedrickson

Happy Birthday! Happy Anniversary!

TO THOSE OF YOU CELEBRATING YOUR SPECIAL DAY(S) IN SEPTEMBER!

With Fall upon us, here is a great recipe when you want a hot and hearty meal. Make enough to freeze some for a quick dinner. Just add crusty bread.

MINESTRONE SOUP

1 Cup dried white Navy Beans
2 cans (14 oz) chicken broth
Salt
1 small head cabbage (1 ½ #)
4 carrots (1/2 #)
2 med. Potatoes (3/4 #)
1 can (1 #) Italian Style Tomatoes
1 cup elbow macaroni
¼ cup chopped parsley

Day before: In bowl, cover beans with cold water. Refrigerate covered overnight. Next day, drain. Add water to chicken broth to make 1 Qt. Pour it and 2 more quarts of water into 8 quart kettle with 2 tsps. Salt and the beans. Bring to boil; reduce heat & simmer covered 1 hour. Slice cabbage, pare & slice carrots on diagonal ¼ " thick. Pare potatoes, cut into 1/2 " cubes. Add to soup with canned tomatoes. Cover & cook for ½ hour more.

¼ Cup olive oil
2 med. Onions (1/2 #)
2 zucchini (1/2#)
1 stalk celery
1 large tomato
1 clove garlic (1/2 tsp. minced)
½ tsp. Salt
¼ tsp. pepper

Peel onions, cut in half, slice thinly. Sauté onion in ¼ cup hot oil about 5 mins. Remove from heat. Slice celery on diagonal 1/8" thick. Slice zucchini. Peel tomato & cut into ½" cubes. Press garlic clove or add minced garlic. Add vegetables to onion with ½ tsp. salt & pepper. Cook uncovered 20 mins.

Add to soup with parsley & elbow macaroni & cook another 30 minutes.

September Meeting Activity—Wine Tasting

If you are like me, you have one or two favorite wines and that's what you always order or buy. This month we will explore some different choices to broaden your wine palette. Mai-Lynn Zipprich will join us to share her expertise on wines and what goes with what. You will have a chance to taste and vote on your favorite. Who knows...maybe you will find a new favorite! Join us for what is sure to be a fun evening.

Carmelite Fair—Sunday, September 20, 2009

CCW will again staff the infant & child booth. Thanks to all who helped with tying the baby quilts and assembling the fairy princess crowns at last month's meeting.

Hope to see many of you there enjoying the fun and food and helping to support the Carmelite nuns.

Keep your Secret Sis in your thoughts and prayers.

Holiday Blessings Boutique - Mark your calendars for the Holiday Blessings Boutique. The date is Saturday, November 21, 2009. We will need everyone's help - if you are interested, please come to Wednesday's CCW meeting or call Becky Hicks (801-561-3780) or Maureen Newman (801-572-1074) - Boutique Co-Chairs