

# You Are Invited To Visit Our Chapel Of Adoration Open 24 Hours-a-Day, 7 Days-a-Week

**“CAN YOU WATCH ONE HOUR WITH ME?”**



Chapel of Adoration at S.E.A.S.



## WHAT SOME PEOPLE ARE SAYING ABOUT THEIR TIME IN PRAYER

“I encourage Christians to regularly visit Christ Present in the Blessed Sacrament, for we are called to abide in the Presence of God.”

 Pope John Paul II

“I’m personally grateful to be able to spend an hour a week with Our Lord. It really helps me get a better perspective on life. I am able at times to just sit and take in His Presence and Wonderment. I really feel His Power in my life, in my trials, joys and pain. I really feel He loves and accepts me and wants me to continue to grow, and He lets me know that He is always with me.”

 St. Elizabeth Ann Seton Parishioner

## VALUE OF PRAYER DURING THE NIGHT

The following quote is taken from the book *Praying in the Presence of the Lord With the Saints* by Father Benedict Groeschel and James Monti, and is taken from the writings of Pope Pius XII.

“Those who, **especially in the silence of the night**, gather together in adoration with the angels and render to the Lamb, Who was immolated, the thanksgiving due Him, **draw abundantly for themselves and for the Church**, waters from the fountains of the Savior.”

Bonnie from Cottage Grove prays at 3AM each Saturday at St. Joseph’s in West St. Paul and at 3AM each Sunday at St. Elizabeth Ann Seton, right here in Hastings, in our Chapel of Adoration. She highly recommends nighttime adoration and says, “Once you spend one hour in the night with Jesus, you really miss it if there is a time when you cannot go to be with Him.”

## IN THE COMPANY OF AN UNDERSTANDING FRIEND

“Our Blessed Lord promised that He would not leave His followers orphans. He kept that promise by continuing His Divine Presence in the Holy Eucharist, thus manifesting His Abiding Love and concern for us all. A beautiful response to His Generosity can be found in the program of Perpetual Adoration. Through this devotion, we come face to face with Christ to Whom we can pour out our hearts with no inhibitions, with Whom we can laugh and cry without shame or embarrassment. We are in the company of an understanding friend, a good listener, from Whom flow encouragement, support and peace of mind.”

✠ Archbishop William Cousins

“I wish that I could convey this beautiful experience with as many people as I possibly can. Going into the Eucharistic Adoration Chapel has been a calming effect on my life and many good things have happened to me since I started coming every day.”

✠ Jeanne Hill, St. Elizabeth Ann Seton Parish

“In the midst of the hustle and bustle of the world around us, there is nothing more precious than spending time alone with God. There is always such peace. Spend some time preparing a home for Jesus in your heart. Stop by and tell Him how much you love Him.”

✠ Penny Knoll, St. Elizabeth Ann Seton Parish

## YOU ARE INVITED TO MAKE A PLAN

“A plan with out a *when* is a never. But, now that I am committed to set an hour each week, I just go when scheduled. No further thought is needed. I’m taking the time each week to be with Jesus, so that all areas of my life may be better infused with the love of Christ. My offer of one hour each week gives Jesus the opportunity to speak to me. It gives Him a chance to work in my life and to help me know what is His Will for me.”

✠ Kathy Mages, St. Elizabeth Ann Seton Parish

## YOU ARE INVITED TO TAKE AN HOUR OF YOUR CHOOSING

For information about making a commitment to a weekly hour of Eucharistic Adoration, in our Chapel, please call Mary Ann at 437-4546, Diane at 438-2851, Marguerita at 437-9777, Edna at 437-8800 or Barb at 437-3784. You need not be a member of St. Elizabeth Ann Seton Parish to make a commitment.



*Come renew the Grace of  
your First Holy Communion.*