

Instructions for SHIP MSK Casseroles

**Thank you for your interest in this ministry,
which is offered through the Commission for Christian Service!**

It helps a great number of hungry county residents each weeknight by taking hot meals to five locations around the county. Casseroles that you prepare, freeze and deliver to the church on Social Concerns Sunday are a huge part of the Mobile Soup Kitchen's success. Here are the basic steps for participating in this project:

- ◆ **After you select a recipe from the four that are posted on the web, prepare the casserole and place it in a disposable aluminum pan approximately 9 inches by 12 inches by 2.5 inches. A limited number of these are available in the blue tub in the usher's closet off the narthex. If you do take a pan, please take only the number you will need for one month.**
- ◆ **Cover the casserole with heavy duty aluminum foil or with two layers of regular foil and label it as follows:**

St. Bernard's _____ (recipe name)

Prepared on _____ (date)

- ◆ **Freeze the casserole and bring it to church on Social Concerns Sunday. The collection point is in front of the Parish Center (school building) during Sunday morning Masses**

If you have any questions, please email the Jack and Maureen Hurley at jack.hurley@att.net