



Pregnant? Need Help?
Here are some resources for pregnant women and their babies.

FOOD - for women, infants and children (WIC)

Provides food to pregnant and breast-feeding mothers, and food and formula for children up to age 5. WIC service agencies are conveniently located throughout New Jersey. The toll free number is 1-866-44 WIC (446-5942).

HEALTH CARE

New Jersey Care 2000+Family Care **1-800-701-0710**.
Local Hospitals can advise about prenatal health care.



NEW JERSEY SAFE HAVEN LAW

24/7 Toll free hotline **1-877-839-2339**

A parent or a designee can leave an unharmed, unwanted baby (less than 30 days old) at a hospital emergency room or police station for a safe haven, without prosecution.

NO QUESTIONS ASKED

Postpartum Depression

If you or someone you love may be suffering from postpartum depression, call **1-800-328-3838**

Post Abortion Healing

If you or a loved one is suffering following an abortion, call **1-877-877-4300** for hope and healing



Good Counsel Homes Emergency Number: 1-800-723-8331